

13 ENEMIES OF INTIMACY

1. Stress/Too Tired
2. Routine
3. Selfishness
4. Children in Bed
5. Digital Devices
6. Negative Communication Styles
7. Lingering Issues
8. Lack of Self Care
9. Lack of Flirting and Fun
10. Lack of Privacy
11. Saying No More Than Yes
12. Pushing Sex to Back Burner
13. Never Talking About It